

# Character Development & Emotional Intelligence

**C**haracter education and emotional intelligence go hand-in-hand. Together they develop students' personal and social skills—essential skills to succeed in school and beyond. This powerful training overviews the theory behind character education and emotional intelligence and will provide you with the tools to develop your students' character and boost their emotional intelligence. Learn the five models of character education and the five dimensions of EQ. Go beyond theory and master Kagan Structures to foster virtues and EQ. Make every lesson an opportunity to develop character, enhance emotional intelligence, and deepen engagement with the curriculum.



Kagan Cooperative Learning has changed my class from a class of students to a community of learners working together to build knowledge.

*Julie Thompson, Cape Elementary  
Cape Coral, FL*

## Available Formats

- 1 or 2-day workshop
- Week-long institute

## Participants Learn...

### Make Character Development/Emotional Intelligences Links

- Learn why EQ and CD are inseparable
- Create the climate for emotional and character development
- Integrate EQ and CD throughout your curriculum
- Promote EQ through CD, and vice versa

### Develop Self-Knowledge and the Integrity Virtues

- Distinguish emotions, feelings, moods, sensations, temperaments, and states
- Understand reactive emotions, contagious emotions, and recipient emotions
- Promote courage, honesty, integrity, and pride through self-knowledge

### Encourage Self-Management and the Self-Discipline Virtues

- Teach impulse control: essential for the self-discipline virtues
- Develop responsibility and self-monitoring
- Catalyze student goal setting, monitoring, and celebrating
- Motivate with learned effectiveness

### Explore Empathy and the Understanding Virtues

- Nurture ethical and moral reflection through curriculum content
- Elevate empathy and caring through perspective-taking exercises
- Enhance understanding; celebrate diversity

### Build Relationship Skills and the Relationship Virtues

- Promote respect and citizenship
- Develop courtesy and respect through Gambit Chips and Paraphrase Passport
- Teach conflict resolution and consensus, through Proactive Prioritizing

### Use Powerful Kagan Structures for Success

- Teach self-knowledge through structures that promote self-awareness
- Learn how to promote honesty, courage, integrity, and respect
- Teach students to think before they act impulsively